Aloha Corps Members,

Happy New Year! We are busy planning many exciting events for you during Spring Break in March, including an Anatomy Lab field trip, “A Day in the life of a Med Student” workshop, a Resume Writing workshop, Health Careers Exploration workshop, a HIPAA and shadowing workshop, CPR Certification, and a Cultural Competency training!

Here are some important opportunities coming up (HS = For High School students, UG = For Undergraduate students):

**HCOP Summer Health Academy (HS and UG)**

Are you planning to transfer to UH Manoa, or a HS Senior planning to attend UH Manoa? The HCOP Summer Health Academy is a 4-week residential summer program for disadvantaged students that includes a full scholarship for housing, meals and other education costs. Airfare and transportation will be provided for students not on Oahu. Applications are due February 1st. To learn more and apply, click [here](#).

**Hawaii Pacific Health Student Summer Research Program (UG)**

This competitive program for undergraduate students runs from June 19 to August 11, 2017. Students are given the opportunity to participate in a clinical research study and medical curriculum. Applications are due February 10, 2017. To learn more and apply, click [here](#).

**UH Cancer Center Research Experience (HS)**

The application is up for the UH Cancer Center’s Summer Research Experience for High School Juniors and Seniors! This is a competitive program that runs from May 30 through August 11, 2017. Under the guidance of a faculty mentor, each student will complete an independent research project and give a poster presentation of the findings. Applications are due March 1st. To learn more and apply, click [here](#).

**Pacific STEP-UP Research Experience (HS)**

The NIH/NIDDK Short-Term Research Experience for Underrepresented Persons Program is an 8-week summer internship that provides high school students the opportunity to gain research and practical laboratory experience under the supervision of a research mentor. Applications are due February 15, 2017. To learn more about this program, click [here](#).

**UH Manoa Experience Day (Everyone)**

Interested in attending UH Manoa? Save the date for UH Manoa Experience Day, an annual event where prospective students and their families can tour campus and meet representatives from the various departments. The event will be held on Saturday, February 25, 2017 from 10:00 AM - 1:00 PM at UH Mānoa campus, McCarthy Mall. Click [here](#) for more info.
MCAT Prep Discount (UG and Higher)

The Hawaii Pre-Health Career Corps has four more spots for discounted Kaplan MCAT Prep (a discounted price of $1199 vs. regular price $2229)! This offer is good for any of these Kaplan courses that start in January to June. Email phcc@hawaii.edu if you are interested.

Hawaii Pacific Health’s Health Careers Summer Internship (HS and UG)

Heads up: Applications for the 2017 program will be available online in March. This is a competitive 6 week, paid internship program that offers High School Seniors and College Students an opportunity to gain first-hand experience in the health care industry. To learn more, click here.

UH Center for Native Hawaiian Health Summer Internship Program (UG)

This is a 10 week paid internship that runs from June 4 to August 11, 2017. Undergraduates are given the opportunity to participate in a clinical, community-based, or translational research study while being mentored by an expert researcher. Applications are due February 1, 2017. For more information and to apply, click here and here.

University of Alabama at Birmingham Summer in Biomedical Sciences Program (UG)

This is an 8 week paid summer program in which Sophomore and Junior Undergraduates will be instructed in the techniques of modern biology. The deadline to apply is February 15 2017. For more information and to apply, click here and here.

MIT’s Undergraduate Research Opportunities Program (UG)

Participate in paid faculty-mentored summer research at MIT in science and biotechnology. Applications are due February 1st. For more information and to apply, click here.

Research Experience with INBRE (UG)

INBRE is a semester long research opportunity for college students at various campuses in Hawaii. Each student receives a stipend for this project and works under a lab supervisor. If you are interested in this opportunity, please click here and contact phcc@hawaii.edu for assistance with the application process. Application deadline for Spring semester is January 16, 2017.

Manoa Horizons Volume II Submissions (UG)

Manoa Horizons would like to announce the opening of the first of two submission cycles for their second volume. All kinds of undergraduate work are welcome: creative installations, recitals, art projects, creative writing, exemplary reports, presentations and other forms of scholarship can be published. However, the work must have been conducted or completed during the 2016-2017 academic year (Summer 2016, Fall 2016 and Spring 2017).

The first submission cycle has a deadline of January 13, 2017, although it is encouraged to submit your work earlier. For works submitted by this initial deadline, student authors will have the option to revise and resubmit submissions not accepted during this first cycle. The second round of submissions are due no later than May 1, 2017.

To submit your work, click here. For all questions you can either click here to check the FAQ’s list or email horizons@hawaii.edu.

UH STAR Scholarships (HS and UG)

This site helps you find UH student scholarships that you are eligible for. Click here to get started.
Let's Chat! (Everyone)

Are you wondering how to find shadowing, research or volunteer opportunities, or what you should do this summer? Unsure what health career is a good fit for you? Our staff is eager to chat with you on the phone and answer your questions! Email phcc@hawaii.edu with some available dates and times you’d be free to chat.

Practice Interviews (Everyone)

Are you planning to go on a school or job interview? Set up a practice interview with us! This can be done in-person, or virtually. Our staff are eager to meet with you and provide constructive feedback!

PHCC’s “Which Health Careers Are Right for You?” Online Quiz! (Everyone)

Are you wondering which health careers are right for you? We are excited to announce our new Online Quiz to help you identify the careers that are your best fit! Your quiz results will link to the corresponding pages in our online Hawaii Health Career Navigator book so that you can learn more about each career!

One-on-one Career Counseling Sessions with Sheri Gon (Everyone)

Counseling sessions are offered year-round to our Corps members, free of charge. Sheri Gon is a veteran health career counselor who will help you discover what health careers are the perfect match for you. Parents/guardians are also welcome to attend. If you are unable to meet in person, Skype is also an option. Please contact phcc@hawaii.edu to schedule a time to meet.

Peer-Mentoring Service (HS)

Let us match you with a Corps Leader who is in college or has recently graduated from college and has similar health career interests as you. This person will serve as your peer mentor. Your mentor will contact you via email and will act as a source of information, advice and support. Examples of questions he/she will answer are: "What should I do right now to get myself on the right track?" "What is college like?" and "What are good places to volunteer at?" If you are interested in being paired with a mentor, please email me at phcc@hawaii.edu. You will then receive your first email from your mentor within the next few weeks.

@healthofhawaii Instagram Page (Everyone)

Be sure to check out PHCC’s Instagram page called @healthofhawaii where we share the stories of Hawaii’s healthcare professionals and the people they serve!

Let me know if you have any questions or need assistance!

Mahalo,
Jolene Muneno

PHCC members volunteering at JABSOM Open House, 12.9.16